



robert sabella

## The New Field of Astrology

Astrology is an incisive language that embraces and penetrates the physical, mental, emotional and etheric fields.

Being a language, I use it as a type of scaffolding to reach the individual in a compassionate and profound way. So, I'm looking at the person versus what I would consider to be a common mistake, which is to limit the evaluation to that which the astrology chart technically reveals. When used correctly, the language of astrology allows us to form an intuitive and sensitive bridge to another.

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When considering this type of work, many people seek out or are impressed by a practitioner's ability to tell them something factual about their lives without having had any previous knowledge of it. Though one can easily be comforted by this, I would ask if there might be more value in having the astrologer accurately and efficiently articulate your core life lessons, key life transitions and personal & spiritual challenges so that you might empower yourself to intervene and stop the karmic cycle of suffering that has followed you around for lifetimes. At the very least, good astrological guidance can improve the specificity of your focus as you apply energy to create productive and enduring outcomes in your life. This work is best utilized to help one become aware of their relationship to their own unsolved Light. Conversely, astrology is underutilized as a mechanism of prediction.

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We want to refrain from reducing the dynamic and beautiful complexity of an individual to an over-simplified formulaic conclusion. Academic evaluation can uncomfortably compress the person and also rob them of a valuable exploration of their expansiveness...the vastness of their infinite natures as well as the subtle intricacies of their deeply personal and internal realities. It is important to consider that specific astrological placements rarely express the same thing twice.

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It's important to know that a shift in consciousness is fundamental to entering the experience of one's astrology - very much like the Jungian language of archetypes or any other language or system that goes beyond the limitations of rational thought and instead relies upon symbol and metaphor for its potency. Indeed, this work can serve as an elixir that relieves the painful repetition of mentally organized solutions to our problems which, of course, are created by the mind and therefore cannot be solved there. When in stride with one's astrology, there are no problems...there is just the path that one is traveling.

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It is important that the astrologer, the facilitator of this language, be on a committed path of healing and evolution. His efficacy as a practitioner is more probably linked to his experience of personal growth and healing than his experience with the language itself. Accumulated experiences through the many modalities of healing and consciousness expansion can, therefore, be funneled through this energetic conduit of healing that astrology actually is.

The language of astrology is a sacred inscription in a universal code. When translated and understood it becomes a powerful lens and mirror that assists us in making authentic contact with **what is**, which only exists in the present moment. I believe that it is this quality of perception that facilitates healing and genuine transformation.